

McGregor ISD  
School Health Advisory Council  
Meeting of February 19, 2020

The meeting was called to order at 4:00 p.m. by SHAC Chair, Paul Miller.

Required Meetings: As a District of Innovation [See AF (LEGAL) and AF (LOCAL)], McGregor ISD's SHAC is exempt from the requirement of BDF (LEGAL) that SHAC's meet four times each year. Districts of Innovation are required to meet once per school year. MISD's SHAC plans for a minimum of two meetings.

Members Present: Dr. Keith Boles, Tonya Burgess, John Carpenter, LaRhonda Clark, Brooks Crisp, Amanda Franks, Paul Miller, Charles Mooney, Kelly Tharpe.

Ms. Elizabeth Orta, an Outreach Specialist with Maximus Health and Human Services, presented the SHAC with information about STAR Kids. STAR Kids is a Texas Medicaid managed care program that provides services to Texas children through a health plan chosen by parents. Ms. Orta provided SHAC members with materials that will be made available to students at the primary and elementary campuses in MISD.

Secondary MISD nurse Amanda Franks gave a report on the incidence of flu-related absences so far this semester. She noted that there have been very few absences related to diagnosed flu throughout the district and that efforts to educate students about illness prevention are ongoing. Mr. Miller reported that for the 29 school days in the semester so far, district attendance is only 1% below normal. He noted that 50 districts throughout Texas have cancelled at least one day of classes because of flu-related attendance issues. Miller noted that so far the prevention and cleaning measures practiced daily throughout the district seem to be helping keep attendance levels high compared to many other districts.

Dr. Boles lead a discussion on the coronavirus that is causing problems around the world. He noted that several strains of coronavirus just cause common colds but that the strain causing the infections and deaths around the world is a mutated version, COVID-19, for which there currently is no cure. He reported that there are currently no reported cases in McLennan County but that monitoring for all illnesses is ongoing. Dr. Boles cautioned that combating any virus requires citizens to follow basic prevention steps such as hand washing and sanitizing surrounding areas.

One of the requirements of SB11 is that SHACs make recommendations to school districts to increase parental awareness of suicide-related risk factors and warning signs. Further, information concerning available community suicide prevention services must be made available to parents. To meet this requirement, the SHAC considered the information contained in two forms developed by Isbill Jr. High Counselor, Brooke Crisp. These forms, "Suicide Prevention & Crisis Intervention

Guidelines for Parents” and the “Emergency Conference Form” would be linked to the weekly newsletter from each campus and the weekly newsletter from Superintendent Lenamon. They detail the warning signs of youth distress, give parents tips on dealing with their children who show signs of their distress, and provide multiple numbers of agencies parents can contact for help. A motion was made by John Carpenter and seconded by Kelly Tharpe to approve the suicide information links as presented. The motion passed unanimously.

Next, the three-year review of MISD Wellness Policy FFA(LOCAL) was presented. Mr. Miller conducted the review with administration from each campus and Food Service Director John Carpenter. The review for each campus will be posted on the district’s website so as to be available for public viewing. The review indicated that the original goals and procedures adopted by the MISD Board of Trustees on 2/9/2017 are still being satisfactorily met and are not currently in need of revision.

The meeting was adjourned at 5:03 p.m.