



## MCGREGOR JUNIOR HIGH LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<b>STUDENT HOLIDAY</b>	<p>1</p> <p>S - CHICKEN SPAGHETTI S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS, GREEN BEANS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>2</p> <p>S - BEEF ENCHILADAS S - STEAK FINGERS Crackers W/G G-ROMAINE/SPINACH SALAD Refried Beans G-MASHED POTATOES G-CELERY STICKS G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>3</p> <p>S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G - SEAS, GREEN BEANS G-MASHED POTATOES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>4</p> <p>S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT G-ROMAINE/SPINACH SALAD G-CELERY STICKS G - LETTUCE &amp; TOMATO S - POTATO ROUNDS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>
<p>7</p> <p>S-PEPPERONI PIZZA WEDGE S - HOT DOG Crackers W/G G - BAKED BEANS S - AU GRATIN POTATOES G-ROMAINE/SPINACH SALAD G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF</p>	<p>8</p> <p>S - LASAGNA W GRND BEEF S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G-CARROT COINS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>9</p> <p>S-BEEF TACO S - STEAK FINGERS G- WHOLE GRAIN ROLL G - W/K CORN G - SEAS, PINTO BEANS G-ROMAINE/SPINACH SALAD G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF</p>	<p>10</p> <p>S-SALISBURY STEAK S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-MASHED POTATOES G - SEAS, GREEN BEANS G-CARROT STICKS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>11</p> <p>S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - LETTUCE &amp; TOMATO G-CELERY STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>
<p>14</p> <p>S- CHEESE PIZZA S - CORN DOG G-ROMAINE/SPINACH SALAD G-CARROT COINS G-CELERY STICKS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF</p>	<p>15</p> <p>SLOPPY JOE ON A ROLL S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - SEAS, GREEN BEANS G-MASHED POTATOES G - STEAMED BROCCOLI G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>16</p> <p>S - FRITO PIE S - STEAK FINGERS S - CORNBREAD Refried Beans G-ROMAINE/SPINACH SALAD G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF</p>	<p>17</p> <p>S - SPAGHETTI W MEAT S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS, GREEN BEANS G - STEAMED BROCCOLI G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>18</p> <p>S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT G-ROMAINE/SPINACH SALAD G - LETTUCE &amp; TOMATO S - POTATO ROUNDS G-CARROT STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>
<b>STUDENT HOLIDAY</b>	<p>22</p> <p>S - CHICKEN SPAGHETTI S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS, GREEN BEANS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>23</p> <p>S - BEEF ENCHILADAS S - STEAK FINGERS Crackers W/G G-ROMAINE/SPINACH SALAD Refried Beans G-MASHED POTATOES G-CELERY STICKS G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>24</p> <p>S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G - SEAS, GREEN BEANS G-MASHED POTATOES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>25</p> <p>S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT G-ROMAINE/SPINACH SALAD G-CELERY STICKS G - LETTUCE &amp; TOMATO S - POTATO ROUNDS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>
<b>STUDENT HOLIDAY</b>	<p>29</p> <p>S - LASAGNA W GRND BEEF S-CHICKEN NUGGETS G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G-CARROT COINS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>30</p> <p>S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - LETTUCE &amp; TOMATO G-CELERY STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>		

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