



MCGREGOR JUNIOR HIGH LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>S - CORN DOG S - STEAK FINGERS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G-CARROT COINS G - SEAS, GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>3</p> <p>SLOPPY JOE ON A ROLL S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - SEAS, GREEN BEANS G-MASHED POTATOES G - W/K CORN G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>4</p> <p>S - FRITO PIE S - CORNBREAD S - STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE REFRIED BEANS G-ROMAINE/SPINACH SALAD G-MASHED POTATOES G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>5</p> <p>S - SPAGHETTI W MEAT S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS, PINTO BEANS G - STEAMED BROCCOLI G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>6</p> <p>S - CHEESE BURGER S - FISH FINGERS Crackers W/G S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - LETTUCE & TOMATO S - POTATO ROUNDS G-CARROT STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>
<p>9</p> <p>S - HOAGIE SANDWICH S- BBQ CHICKEN G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G-CARROT STICKS G-QUICK BAKED POTATOES G - SEAS, GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>10</p> <p>S - CHICKEN SPAGHETTI S-CHICKEN NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS, GREEN BEANS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>11</p> <p>S - BEEF ENCHILIDAS S - STEAK FINGERS Crackers W/G S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD REFRIED BEANS G-MASHED POTATOES G-CELERY STICKS G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>12</p> <p>S - NACHOS W GROUND BEEF SPANISH RICE S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - SEAS, GREEN BEANS G-MASHED POTATOES G - CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA</p>	<p>13</p> <p>S - CHEESE BURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G-CELERY STICKS G - LETTUCE & TOMATO S - POTATO ROUNDS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>
<p>16</p> <p>S - CHICKEN ON BUN S - STEAK FINGERS G: WHOLE GRAIN ROLL S-PEPPERONI PIZZA WEDGE S- CHEESE PIZZA G - BAKED BEANS S-POTATOES AU GRATIN G-ROMAINE/SPINACH SALAD G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>17</p> <p>S - LASAGNA W GRND BEEF S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G-CARROT COINS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>18</p> <p>S-BEEF TACO S - STEAK FINGERS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G - W/K CORN G - SEAS, PINTO BEANS G-ROMAINE/SPINACH SALAD G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>19</p> <p>S - CHICKEN FRIED STEAK S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G-MASHED POTATOES G - SEAS, GREEN BEANS G-CARROT STICKS G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>20</p> <p>S - CHEESE BURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD S - POTATO ROUNDS G - LETTUCE & TOMATO G-CELERY STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>
<p>23</p> <p>S - CORN DOG S - STEAK FINGERS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G-CARROT COINS G - SEAS, GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>24</p> <p>SLOPPY JOE ON A ROLL S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - SEAS, GREEN BEANS G-MASHED POTATOES G - W/K CORN G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>25</p> <p>S - FRITO PIE S - CORNBREAD S - STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE REFRIED BEANS G-ROMAINE/SPINACH SALAD G-MASHED POTATOES G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF</p>	<p>26</p> <p>S - SPAGHETTI W MEAT S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS, PINTO BEANS G - STEAMED BROCCOLI G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>	<p>27</p> <p>S - CHEESE BURGER S - FISH FINGERS Crackers W/G S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G-ROMAINE/SPINACH SALAD G - LETTUCE & TOMATO S - POTATO ROUNDS G-CARROT STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE G RANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%</p>
<p>30</p> <p>STUDENT HOLIDAY</p>				

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