



MCGREGOR HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
1 S-STEAK SANDWICH S- STEAK FINGERS S- TACO SALAD S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS G- QUICK BAKED POTATOES G- W/K CORN G- LETTUCE & TOMATO G- SEAS. GREEN BEANS G- CHILLED PEARS G-APPLE RED DELICIOUS	2 S- CHICKEN, BARBECUED S-CHICKEN NUGGETS S- BEEF ENCHILIDAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G- SEAS. PINTO BEANS G- SCALLOPED POTATOES G- SEAS. GREEN BEANS G- W/K CORN G-ROMAINE/SPINACH SALAD G- CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	3 S- FRITO PIE S- STEAK FINGERS S- CHICKEN PARMESAN S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S- CORNBREAD G-ROMAINE/SPINACH SALAD REFRIED BEANS G- W/K CORN G- PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	4 S- SALISBURY STK & GRVY S-CHICKEN NUGGETS S- CHICKEN FAJITAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CELERY STICKS G- W/K CORN G- SEAS. PINTO BEANS G-MASHED POTATOES G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	5 S- CHEESEBURGER S- FISH NUGGETS S- NACHOS W/ GROUND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G- LETTUCE & TOMATO S- POTATO ROUNDS G- W/K CORN G-CARROT STICKS G-ROMAINE/SPINACH SALAD G- CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH
8 STUDENT HOLIDAY	9 S-SLOPPY JOE ON WIG ROLL S-CHICKEN NUGGETS S- BEEF ENCHILIDAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G- SEAS. PINTO BEANS G- STEAMED BROCCOLI S- POTATO ROUNDS G-ROMAINE/SPINACH SALAD G- CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	10 S- FRITO PIE S- STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S- CORNBREAD G- W/K CORN G- BLACK-EYED PEAS G-CARROT STICKS G-ROMAINE/SPINACH SALAD G- PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	11 S- CHICKEN FRIED STEAK S- COMBO BURRITO S-CHICKEN NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G- SEAS. GREEN BEANS G- W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	12 S- CHEESEBURGER S- FISH NUGGETS S- NACHOS W/ GROUND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G- LETTUCE & TOMATO S- POTATO ROUNDS G- W/K CORN G-CELERY STICKS G-ROMAINE/SPINACH SALAD G- CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH
15 S- CHICKEN ON BUN S- LASAGNA W GRND BEEF S- STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS S- POTATO ROUNDS G- BAKED BEANS G- W/K CORN G- CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	16 S- EG G ROLL S- BEEF ENCHILIDAS S-CHICKEN NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE SPANISH RICE G-MASHED POTATOES G-ROMAINE/SPINACH SALAD G- SEAS. PINTO BEANS G- W/K CORN G- CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	17 S- FRITO PIE S- STEAK FINGERS S- CHICKEN SPAGHETTI S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S- CORNBREAD G-ROMAINE/SPINACH SALAD G-CARROT STICKS REFRIED BEANS G- W/K CORN G- PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	18 S- CHICKEN FRIED STEAK S-CHICKEN NUGGETS S- TACO SALAD S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G- STEAMED BROCCOLI G- SEAS. GREEN BEANS G- W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	19 S- CHEESEBURGER S-BEEF TACO S- FISH NUGGETS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G- LETTUCE & TOMATO G- SEAS. PINTO BEANS S- POTATO ROUNDS G-ROMAINE/SPINACH SALAD G- CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE
22 S-STEAK SANDWICH S- STEAK FINGERS S- TACO SALAD S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS G- QUICK BAKED POTATOES G- W/K CORN G- LETTUCE & TOMATO G- SEAS. GREEN BEANS G- CHILLED PEARS G-APPLE RED DELICIOUS	23 S- CHICKEN, BARBECUED S-CHICKEN NUGGETS S- BEEF ENCHILIDAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G- SEAS. PINTO BEANS G- SCALLOPED POTATOES G- SEAS. GREEN BEANS G- W/K CORN G-ROMAINE/SPINACH SALAD G- CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	24 S- FRITO PIE S- STEAK FINGERS S- CHICKEN PARMESAN S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S- CORNBREAD G-ROMAINE/SPINACH SALAD REFRIED BEANS G- W/K CORN G- PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	25 S- SALISBURY STK & GRVY S-CHICKEN NUGGETS S- CHICKEN FAJITAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CELERY STICKS G- W/K CORN G- SEAS. PINTO BEANS G-MASHED POTATOES G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	26 S- CHEESEBURGER S- FISH NUGGETS S- NACHOS W/ GROUND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G- LETTUCE & TOMATO S- POTATO ROUNDS G- W/K CORN G-CARROT STICKS G-ROMAINE/SPINACH SALAD G- CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH
29 S- CORN DOG S- STEAK FINGERS S- LASAGNA W GRND BEEF S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL S- AU GRATIN POTATOES G- BAKED BEANS G- W/K CORN G-CARROT STICKS G-ROMAINE/SPINACH SALAD G- CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	30 S-SLOPPY JOE ON WIG ROLL S-CHICKEN NUGGETS S- BEEF ENCHILIDAS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G- SEAS. PINTO BEANS G- STEAMED BROCCOLI S- POTATO ROUNDS G-ROMAINE/SPINACH SALAD G- CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	31 S- FRITO PIE S- STEAK FINGERS S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S- CORNBREAD G- W/K CORN G- BLACK-EYED PEAS G-CARROT STICKS G-ROMAINE/SPINACH SALAD G- PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA		

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