



MCGREGOR HIGH SCHOOL LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
STUDENT HOLIDAY			4 S - CHICKEN ON BUN S - LASAGNA W GRND BEEF S - STEAK FINGERS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS S - POTATO ROUNDS G - BAKED BEANS G - W/K CORN G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	5 S - CHEESE BURGER S-BEEF TACO S - FISH FINGERS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO G - SEAS. PINTO BEANS S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE
8 S-STEAK SANDWICH S - STEAK FINGERS S - TACO SALAD S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS G- QUICK BAKED POTATOES G - W/K CORN G - LETTUCE & TOMATO G - SEAS. GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	9 S - CHICKEN, BARBEQUED S-CHICKEN NUGGETS S - BEEF ENCHILIDAS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G - SEAS. PINTO BEANS G - SCALLOPED POTATOES G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	10 S - FRITO PIE S - STEAK FINGERS S - CHICKEN PARMESAN S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G-ROMAINE/SPINACH SALAD REFRIED BEANS G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%	11 S - SALISBURY STK & GRVY S-CHICKEN NUGGETS S - CHICKEN FAJITAS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CELERY STICKS G - W/K CORN G - SEAS. PINTO BEANS G-MASHED POTATOES G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	12 S - CHEESE BURGER S - FISH FINGERS S - NACHOS W GROUND BEEF S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO S - POTATO ROUNDS G - W/K CORN G-CARROT STICKS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE
	16 S - BBQ ON BUN S-CHICKEN NUGGETS S - BEEF ENCHILIDAS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - SEAS. PINTO BEANS G - STEAMED BROCCOLI S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	17 S - FRITO PIE S - STEAK FINGERS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G - W/K CORN G - BLACK-EYED PEAS G-CARROT STICKS G-ROMAINE/SPINACH SALAD G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%	18 S - CHICKEN FRIED STEAK S - COMBO BURRITO S-CHICKEN NUGGETS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	19 S - CHEESE BURGER S - FISH FINGERS S - NACHOS W GROUND BEEF S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO S - POTATO ROUNDS G - W/K CORN G-CELERY STICKS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE
22 S - CHICKEN ON BUN S - LASAGNA W GRND BEEF S - STEAK FINGERS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS S - POTATO ROUNDS G - BAKED BEANS G - W/K CORN G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	23 S - EGG ROLL S - BEEF ENCHILIDAS S-CHICKEN NUGGETS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE SPANISH RICE G-MASHED POTATOES G-ROMAINE/SPINACH SALAD G - SEAS. PINTO BEANS G - W/K CORN G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	24 S - FRITO PIE S - STEAK FINGERS S - CHICKEN SPAGHETTI S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G-ROMAINE/SPINACH SALAD G-CARROT STICKS REFRIED BEANS G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA	25 S - CHICKEN FRIED STEAK S-CHICKEN NUGGETS S - TACO SALAD S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-MASHED POTATOES G - STEAMED BROCCOLI G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	26 S - CHEESE BURGER S-BEEF TACO S - FISH FINGERS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE Crackers W/G G - LETTUCE & TOMATO G - SEAS. PINTO BEANS S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA
29 S-STEAK SANDWICH S - STEAK FINGERS S - TACO SALAD S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS G- QUICK BAKED POTATOES G - W/K CORN G - LETTUCE & TOMATO G - SEAS. GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH	30 S - CHICKEN, BARBEQUED S-CHICKEN NUGGETS S - BEEF ENCHILIDAS S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE G- WHOLE GRAIN ROLL G - SEAS. PINTO BEANS G - SCALLOPED POTATOES G - SEAS. GREEN BEANS G - W/K CORN G-ROMAINE/SPINACH SALAD G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE	31 S - FRITO PIE S - STEAK FINGERS S - CHICKEN PARMESAN S - CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S - CORNBREAD G-ROMAINE/SPINACH SALAD REFRIED BEANS G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%		

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