





NOVEMBER

MCGREGOR ELEMENTARY LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
		S-BEEF TACO S-STEAK FINGERS G: WHOLE GRAIN ROLL G- W/K CORN G- SEAS. PINTO BEANS G-ROMAINE/SPINACH SALAD G- PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF	S-SALISBURY STEAK S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-MASHED POTATOES G- SEAS. GREEN BEANS G-CARROT STICKS G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT S - POTATO ROUNDS G-ROMAINE/SPINACH SALAD G - LETTUCE & TOMATO G-CELERY STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF
S- CHEESE PIZZA S - CORN DOG G-ROMAINE/SPINACH SALAD G-CARROT COINS G-CELERY STICKS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF	SLOPPY JOE ON A ROLL S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - SEAS. GREEN BEANS G-MASHED POTATOES G - STEAMED BROCCOLI G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	S - FRITO PIE S -STEAK FINGERS S - CORNBREAD Refried Beans G-ROMAINE/SPINACH SALAD G - W/K CORN G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF	S - SPAGHETTI W MEAT S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - W/K CORN G - SEAS. GREEN BEANS G - STEAMED BROCCOLI G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT G-ROMAINE/SPINACH SALAD G - LETTUCE & TOMATO S - POTATO ROUNDS G-CARROT STICKS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF
S - CHICKEN ON A BUN S- BBQ CHICKEN G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-CARROT STICKS G- QUICK BAKED POTATOES G - SEAS. GREEN BEANS G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	S - ROAST TURKEY & GRAVY S - SAVORY DRESSNG S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - SEAS. GREEN BEANS G-MASHED POTATOES G - W/K CORN G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE HALF G-BANANA G-MILK WHITE 1%	S - BEEF ENCHILIDAS S -STEAK FINGERS Crackers W/G G-ROMAINE/SPINACH SALAD Refried Beans G-MASHED POTATOES G-CELERY STICKS G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	S- CHEESE PIZZA S-PEPPERONI PIZZA WEDGE S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G - SEAS. GREEN BEANS G-MASHED POTATOES G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1%	S - HAMBURGER S - FISH FINGERS G - GRAHAM CRACKERS 3 CT G-ROMAINE/SPINACH SALAD G-CELERY STICKS G - LETTUCE & TOMATO S - POTATO ROUNDS G - CHILL FRUIT COCKTAIL G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF
		THANKSGIVING HOLIDAYS		
				
S-PEPPERONI PIZZA WEDGE S - HOT DOG Crackers W/G G - BAKED BEANS S - AU GRATIN POTATOES G-ROMAINE/SPINACH SALAD G - CHILLED PEARS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF	S - LASAGNA W GRND BEEF S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G - STEAMED BROCCOLI G-CARROT COINS G-MASHED POTATOES G - CHILL SLICED PEACHES G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	S-BEEF TACO S -STEAK FINGERS G: WHOLE GRAIN ROLL G- W/K CORN G- SEAS. PINTO BEANS G-ROMAINE/SPINACH SALAD G - PINEAPPLE TIDBITS G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF G-MILK STRAWBERRY FF	S-SALISBURY STEAK S-CHICKEN NUGGETS G: WHOLE GRAIN ROLL G-ROMAINE/SPINACH SALAD G-MASHED POTATOES G - SEAS. GREEN BEANS G-CARROT STICKS G-CHILLED APPLESAUCE G-APPLE RED DELICIOUS G-APPLE GRANNY SMITH G-ORANGE G-BANANA G-MILK WHITE 1% G-MILK CHOCOLATE FF	

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